# Contents

## SECTION I - LASIK

**FUNDAMENTAL PRINCIPLES OF DIAGNOSIS, CORNEAL MAPPING, MECHANISM OF ACTION OF EXCIMER LASERS**

## CHAPTER 1

**UNDERSTANDING REFRACTIVE LASERS**

- Therapeutic Principles of Excimer Lasers 1
- Advances in Excimer Laser Technology 2
  - Scanning Lasers 2
  - Eye Tracking Systems 6
- How the Corneal Tissues are Affected in LASIK vs Incisional Keratotomy 6

## CHAPTER 2

**FUNDAMENTALS ON CORNEAL TOPOGRAPHY**

- Introduction: Human Optics and the Normal Cornea 9
- Instruments to Measure the Corneal Surface 10
- Causes of Artefacts of the Corneal Topography Map 14
- Understanding and Reading Corneal Topography 15
- Topographic Scales 16
- Computer Displays: Presentation of Topographic Information 16
- Special Software Applications and Displays 23
- ATLAS OF CORNEAL TOPOGRAPHY 31-42
- TOPOGRAPHERS NOW AVAILABLE 43

## CHAPTER 3

**EVALUATION OF THE LASIK FLAP BY CONFOCAL MICROSCOPY**

- Frequent Problems With the Flap 61
- What is Confocal Microscopy? 61
- Confocal Microscopy Procedure 62
- Results 62
- The Importance of Confocal Microscopy to the Sands of Sahara's Syndrome 63
- How to Prevent Sands of Sahara Syndrome 63

## CHAPTER 4

**PREDICTIVE FORMULAS FOR LASIK**

- The Predictive Formulas Main Components 65
- Developing Individualized Predictive Formulas 65
- The Healing Pattern of the Cornea 65
- Excimer Laser Ablation Nomograms for:
  - Photorefractive Keratectomy 66
  - LASIK 66
- Predictive Formulas for LASIK with:
  - VISX S2 SmoothScan 68
  - Chiron Technolas 116 69
  - Technolas 217 Excimer Laser 70
## SECTION II - LASIK

### HIGHLIGHTS OF SURGICAL INSTRUMENTATION (MICROKERATOMES) AND SURGICAL TECHNIQUES

### CHAPTER 5

**MICROKERATOMES**

<table>
<thead>
<tr>
<th>Component</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Different Mechanical Components</td>
<td>78-80</td>
</tr>
<tr>
<td>Applanation Lenses</td>
<td>80</td>
</tr>
<tr>
<td>Tonometer</td>
<td>80</td>
</tr>
<tr>
<td>Guidelines for Microkeratome Use</td>
<td>80</td>
</tr>
<tr>
<td>Astigmatism Inductions by Hinge Ablation</td>
<td>86</td>
</tr>
<tr>
<td>Free Cap</td>
<td>87</td>
</tr>
<tr>
<td>The Main Microkeratomes:</td>
<td>87-99</td>
</tr>
<tr>
<td>Outline</td>
<td></td>
</tr>
<tr>
<td>Description</td>
<td></td>
</tr>
<tr>
<td>How to Use Them</td>
<td></td>
</tr>
</tbody>
</table>

### CHAPTER 6

**AUTOMATIC CORNEAL SHAPER**

<table>
<thead>
<tr>
<th>Component</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Note from the Editor-in-Chief</td>
<td>101</td>
</tr>
<tr>
<td>Different Components &amp; Instrumentation</td>
<td>101-3</td>
</tr>
<tr>
<td>Surgical Technique Step by Step</td>
<td>104-5</td>
</tr>
<tr>
<td>Troubleshooting</td>
<td>105</td>
</tr>
<tr>
<td>Care, Handling &amp; Sterilization</td>
<td>107</td>
</tr>
</tbody>
</table>

### CHAPTER 7

**DOWN UP LASIK**

<table>
<thead>
<tr>
<th>Component</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Setting up of the Hansatome</td>
<td>109</td>
</tr>
<tr>
<td>Care, Maintenance &amp; Sterilization</td>
<td>112</td>
</tr>
<tr>
<td>Troubleshooting</td>
<td>114</td>
</tr>
<tr>
<td>Surgical Technique Step by Step</td>
<td>114</td>
</tr>
<tr>
<td>Advantages &amp; Disadvantages</td>
<td>114</td>
</tr>
</tbody>
</table>

### CHAPTER 8

**ALL LASER LASIK With the Pulsion FS Laser**

<table>
<thead>
<tr>
<th>Component</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preoperative Evaluation</td>
<td>119</td>
</tr>
<tr>
<td>Surgical Logistics</td>
<td>120</td>
</tr>
<tr>
<td>Surgical Technique Step by Step</td>
<td>120-4</td>
</tr>
<tr>
<td>Postoperative Care</td>
<td>125</td>
</tr>
</tbody>
</table>

### CHAPTER 9

**LIMITATIONS AND CONTRAINdications OF LASIK**

<table>
<thead>
<tr>
<th>Condition</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preoperative Evaluation</td>
<td>127</td>
</tr>
<tr>
<td>Special Cases</td>
<td>134</td>
</tr>
<tr>
<td>LASIK after IOL Implantation</td>
<td>134</td>
</tr>
<tr>
<td>Bilateral Simultaneous vs. Sequential Surgery</td>
<td>134</td>
</tr>
<tr>
<td>LASIK after RK</td>
<td>134</td>
</tr>
<tr>
<td>Alternatives to LASIK</td>
<td>135</td>
</tr>
<tr>
<td>PRK</td>
<td>135</td>
</tr>
<tr>
<td>Refractive Lensectomy</td>
<td>135</td>
</tr>
<tr>
<td>Phakic Intraocular Lens</td>
<td>136</td>
</tr>
<tr>
<td>Thermokeratoplasty (LTK)</td>
<td>136</td>
</tr>
</tbody>
</table>

### CHAPTER 10

**LASIK SURGICAL TECHNIQUE**

<table>
<thead>
<tr>
<th>Component</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient Selection</td>
<td>139</td>
</tr>
<tr>
<td>PREOPERATIVE PREPARATION</td>
<td>140</td>
</tr>
<tr>
<td>The Patient</td>
<td>140</td>
</tr>
<tr>
<td>The Instruments</td>
<td>140</td>
</tr>
<tr>
<td>The Laser</td>
<td>140</td>
</tr>
<tr>
<td>The Keratome</td>
<td>141</td>
</tr>
<tr>
<td>The Surgeon</td>
<td>142</td>
</tr>
<tr>
<td>PREPARATION IN OPERATING ROOM</td>
<td>142</td>
</tr>
<tr>
<td>Draping</td>
<td>142</td>
</tr>
<tr>
<td>Speculum</td>
<td>142</td>
</tr>
<tr>
<td>Positioning the Patient</td>
<td>143</td>
</tr>
<tr>
<td>THE LASIK PROCEDURE</td>
<td>143</td>
</tr>
<tr>
<td>Marking</td>
<td>143</td>
</tr>
<tr>
<td>Placement of the Suction Ring</td>
<td>143</td>
</tr>
<tr>
<td>The Microkeratome Cut</td>
<td>144</td>
</tr>
<tr>
<td>Laser Ablation</td>
<td>145</td>
</tr>
<tr>
<td>Replacing the Flap</td>
<td>146</td>
</tr>
<tr>
<td>Intraoperative Bleeding in LASIK</td>
<td>148</td>
</tr>
<tr>
<td>Postoperative Care</td>
<td>150</td>
</tr>
<tr>
<td>Home Care Instructions</td>
<td>150</td>
</tr>
</tbody>
</table>
CHAPTER 11
PEARLS IN LASIK TECHNIQUE
Patient Counseling 151
Achieving Adequate Exposure 151
Achieve and Confirm Adequate Suction 152
Create a Complete Flap 153
Maintain Consistent Hydration 153
Perform the Appropriate Ablation 154
Prevent and Remove Debris from Beneath the Flap 155
Properly Align the Flap 156
Achieve Good Flap Adhesion 157
Avoid and Treat Loose Epithelium 157
Conclusion 158

SECTION III
LASIK IN COMPLEX CASES
CHAPTER 12
LASIK FOR HYPEROPIA
Technique, Safety and Efficacy 161
Hyperopic Correction using the Excimer Laser 162
Patient Selection and Preoperative Considerations 163
Technique 164
Clinical Results 164
Secondary Hyperopia 165
Hyperopia with Astigmatism 165
Compound Myopic Astigmatism 188
Simple Hyperopic Astigmatism 188
Compound Hyperopic Astigmatism 188
Mixed Astigmatism 189
Negative Cylinder Ablation to Treat Mixed Astigmatism 189
Positive Cylinder Ablation to Treat Mixed Astigmatism 190
Bitoric Ablation to Treat Mixed Astigmatism 190
Results of Lasik in Mixed Astigmatism 192
Conclusion 192

CHAPTER 13
LASIK FOR IRREGULAR ASTIGMATISM
Etiology of Irregular Astigmatism 169
Diagnosis 170
Clinical Classification 170
Corneal Topography Patterns 170
1. Irregular astigmatism with defined pattern 170
2. Irregular astigmatism with undefined pattern 171
Preoperative Evaluation 171
Treatment of Irregular Astigmatism 175
Surgical Techniques with Excimer Laser 175
Automated Anterior Lamellar Keratoplasty 184
Intracorneal Ring Segments (INTACS) 184
Other Non-Surgical Procedures 184
Contact Lens Management 184
Procedure 195
Results 196
Discussion 198

CHAPTER 15
RELASIK
Results of LASIK After RK and PRK 201
RK Group 202
PRK Group 203
Discussion 204

CHAPTER 16
LASIK AFTER RK AND PRK
Eligible Patients 208
Timing of Surgery 208
Surgical Technique 209
Postoperative Treatment 209
Risks and Possible Complications 210
Results 210
Conclusions 212

CHAPTER 17
LASIK AFTER PENETRATING KERATOPLASTY
CHAPTER 18
LASIK AFTER PREVIOUS CORNEAL SURGERY

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Considerations After RK</td>
<td>215</td>
</tr>
<tr>
<td>Residual Myopia After RK</td>
<td>215</td>
</tr>
<tr>
<td>Hyperopia After RK</td>
<td>216</td>
</tr>
<tr>
<td>The Cornea After RK</td>
<td>216</td>
</tr>
<tr>
<td>LASIK AFTER RK</td>
<td>216</td>
</tr>
<tr>
<td>Preoperative Considerations</td>
<td>217</td>
</tr>
<tr>
<td>Contraindications</td>
<td>217</td>
</tr>
<tr>
<td>Intraoperative Considerations</td>
<td>217</td>
</tr>
<tr>
<td>Results (Pilot Study)</td>
<td>218</td>
</tr>
<tr>
<td>LASIK AFTER AK</td>
<td>218</td>
</tr>
<tr>
<td>The Cornea After AK</td>
<td>219</td>
</tr>
<tr>
<td>Performing LASIK After AK</td>
<td>219</td>
</tr>
<tr>
<td>Preoperative Considerations</td>
<td>220</td>
</tr>
<tr>
<td>Intraoperative Considerations</td>
<td>220</td>
</tr>
<tr>
<td>Results (Pilot Study)</td>
<td>220</td>
</tr>
<tr>
<td>LASIK AFTER PRK</td>
<td>220</td>
</tr>
<tr>
<td>The Cornea After PRK</td>
<td>220</td>
</tr>
<tr>
<td>Performing LASIK After PRK</td>
<td>221</td>
</tr>
<tr>
<td>Preoperative Considerations</td>
<td>221</td>
</tr>
<tr>
<td>Intraoperative Considerations</td>
<td>221</td>
</tr>
<tr>
<td>Postoperative Treatment</td>
<td>222</td>
</tr>
<tr>
<td>Results (Pilot Study)</td>
<td>222</td>
</tr>
<tr>
<td>LASIK AFTER LTK</td>
<td>223</td>
</tr>
<tr>
<td>The Cornea After LTK</td>
<td>223</td>
</tr>
<tr>
<td>Performing LASIK After LTK</td>
<td>223</td>
</tr>
<tr>
<td>Preoperative Considerations</td>
<td>223</td>
</tr>
</tbody>
</table>

Intraoperative Considerations  224
Results (Pilot Study)          224
LASIK AFTER PKP
Performing Excimer Laser After PKP  225
Preoperative Considerations  226
Indications  227
High Risk Cases & LASIK Contraindications  227
Preoperative Medications  227
When to Operate  228
Intraoperative Considerations  229
Conclusions  229
LASIK AFTER ALK
The Cornea After ALK  229
Performing LASIK After ALK  229
Preoperative Considerations  229
Intraoperative Considerations  230
Conclusions  230
LASIK AFTER EPIKERATOPHAKIA  230
LASIK AFTER CORNEAL TRAUMA  230
FUTURE OF LASIK AFTER OTHER CORNEAL SURGERIES  230

CHAPTER 19

PEDiatric LASIK

SECTION IV
LASIK COMPLICATIONS

CHAPTER 20
First Non-Invasive Treatment for SublameLLar epithelial ingrowth after LASIK by Local Freezing

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sequence of Events</td>
<td>243</td>
</tr>
<tr>
<td>Management Techniques Presently Available</td>
<td>243</td>
</tr>
<tr>
<td>The New Non-Invasive Method</td>
<td>243</td>
</tr>
<tr>
<td>Technique Step by Step</td>
<td>244</td>
</tr>
<tr>
<td>Results</td>
<td>245</td>
</tr>
</tbody>
</table>

CHAPTER 21
Prevention and Management of LASIK Complications

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incidence - Relation to Multiple Variables</td>
<td>247</td>
</tr>
<tr>
<td>Classification</td>
<td>247</td>
</tr>
<tr>
<td>Intraoperative Complications</td>
<td>247</td>
</tr>
<tr>
<td>Early Postoperative Complications</td>
<td>250</td>
</tr>
<tr>
<td>Late Postoperative Complications</td>
<td>253</td>
</tr>
</tbody>
</table>
CHAPTER 22

FLAP COMPLICATIONS

Diminishing Complications with
New Microkeratomes 267
Classification of Complications 267
I) Intraoperative 267
II) Early postoperative period 267
III) Late postoperative period 267
Management of Variety of
Flap Complications 267-73
Sands of Sahara Syndrome 272
Dry Eye Syndrome 273
Epithelial Ingrowth 273
The Hansatome (“Down-Up”)
Microkeratome 274
Main Advantages and Disadvantages 274
Cleaning of the Instrument 275
PEARLS TO ASSIST WITH THE MAKING
OF A GOOD FLAP 275

CHAPTER 23

FOLDS AND STRIAE OF THE DISC
POST LASIK

Definition 277
Treatment of: 280
Folds 280
Striae 280
Surgical Technique 280

CHAPTER 24

TREATMENT OF FLAP STRIAE

SURGICAL TREATMENT 284
Massaging the Flap Using:
a) A spatula over a Contact Lens 284
b) Direct Massaging 285
Appearance of the Cornea After Treatment 285
Outcome 286

CHAPTER 25

KERATECTASIA INDUCED BY
MYOPIC LASIK

Corneal Stromal Changes 287
Induced by LASIK 287
Corneal Evaluation Using the
Orbscan Topography System 288
How the Orbscan Helps Evaluating High
Risk Cases for LASIK and FFK 291

CHAPTER 26

INFLAMMATORY AND INFECTIOUS
COMPLICATIONS AFTER LASIK

DIFFUSE LAMELLAR KERATITIS (DLK)
Syndrome (Sands of Sahara) 293
Causative Agents 293
Clinical Findings 294
DLK Staging 294
Diagnosis & Differential Diagnosis 295-96
Treatment 296
Prevention 296
Conclusions 297

INFECTION KERATITIS
FOLLOWING LASIK 297
Clinical Findings 297
Causative Organisms 299
Diagnosis & Differential Diagnosis 300
Treatment 301
Prognosis 302
Prevention 303

CHAPTER 27

PREVENTION AND MANAGEMENT
OF LASIK COMPLICATIONS

INTRAOPERATIVE COMPLICATIONS 307
Flap Complications 307
Ablation Complications 309
POSTOPERATIVE COMPLICATIONS 311

CHAPTER 28

VITREORETINAL COMPLICATIONS OF
REFRACTIVE SURGERY

Preoperative Evaluation 317
Indications for Prophylaxis of Retinal
Breaks and Degenerations 317
Theoretical Mechanisms Resulting in
Retinal Breaks and Detachment 318
Anterior Chamber Shallowing 318
Vitreoretinal Complications of PRK & LASIK 319
Retinal Detachment After PRK 319
Retinal Detachment After LASIK 319
Macular Hemorrhage 320
Nerve Fiber Layer Damage 321
Endophthalmitis 321
Dislocated Intraocular Lenses 321
CHAPTER 35  
ZYOPTIX  
PERSONALIZED LASER VISION CORRECTION  
Performing Zyoptix Treatment 373  
Orbscan II (Elevation Topography) 374  
The Zywave Aberrometer 374  
Bausch & Lomb Technolas 217z 375  
Excimer Laser 375  
Zyoptix Patient Case 377  

CHAPTER 36  
ZYOPTIX  
Preoperative Procedure 379  
Zywave Aberrometer 380  
Elevation Topography (Orbscan) 386  
Zylink 386  
Preparing the Laser 389  
Treatment 391  
Advantages & Disadvantages 391  
Clinical Cases 391-3  

CHAPTER 37  
LASIK – PALM  
The PALM Gel 396  
The PALM Procedure 398  

CHAPTER 38  
CUSTOMIZED ABLATIONS IN LASIK  
Present Role of Customized Ablations 401  
Technique of TopoLink 403  
Examples of Uses of TopoLink 402  
Results of TopoLink in Repair Procedures 407  
The Bausch & Lomb Aberrometer 409  
Wavefront-Deviation Guided LASIK 411  

CHAPTER 39  
WAVEFRONT MEASUREMENTS OF THE HUMAN EYE WITH HARTMANN-SHACK SENSOR  
Principles of Eye Aberration 413  
Measurements with the Hartmann-Shack Sensor 419  
Present Technologies for Optimizing 417  
Visual Acuity through Refractive Surgery 417  
A Look into the Future of Refractive Surgery 417  

SECTION VI  
LASIK IN PRESBYOPIA  

CHAPTER 40  
PRESBYOPIA  
Surgical Correction - Current Trends 427  
Surgery for Management of Presbyopia through MONOVISION 427  
The LADARVision Laser for Myopia and Presbyopia 427  
Hyperopia and Presbyopia 427  
Emmetropia with Presbyopia 428  
Description of Operations on the Sclera to Improve Presbyopia 428  

CHAPTER 41  
PRESBYOPIA  
Theories of Accommodation 436  
Treatment with Optical Devices 437  
Surgical Methods 438  
SCLERAL TECHNIQUES 439  
Anterior Ciliary Sclerotomy (ACS) (Thornton’s Technique) 439  
Scleral Expansion Band - Schachar’s Technique 439  
INTRACORNEAL TECHNIQUE 441  
Intracorneal Implants 441  
INTRAOCULAR TECHNIQUES 441  
LASER TECHNOLOGY TECHNIQUES 444
SECTION VI 1

ALTERNATIVES TO LASIK

CHAPTER 42

NO ANESTHESIA CATARACT / CLEAR LENS EXTRACTION

NUCLEUS REMOVAL TECHNIQUES 451
Karate Chop 451
Soft Cataracts 452
Agarwal Chopper 452
Step by Step Technique 452-57
NO ANESTHESIA CLEAR LENS EXTRACTION 458
Step by Step Technique 458-62

CHAPTER 43

PHAKONIT AND LASER PHAKONIT

Phakonit to Correct Refractive Errors 463
TECHNIQUE OF PHAKONIT FOR CATARACTS 454
Surgical Technique Step by Step 464-66
PHAKONIT IN CLEAR LENS EXTRACTION 467
Surgical Technique Step by Step 468

CHAPTER 44

PHAKIC IOL's - SURGICAL MANAGEMENT OF HIGH MYOPIA

Limitations of LASIK in Very High Myopia 469
The Important Role of Phakic Intraocular Lenses 469
Contributions of Phakic IOL's 469
Advantages Over Corneal Refractive Surgery 470
Limitations of Phakic IOL's 470

CHAPTER 45

LASIK vs PHAKIC LENS IMPLANTATION TO CORRECT MYOPIA

Surgical Technique: 499
Ophtec Artisan Myopia Implant
Surgical Technique: LASIK 503
The Study: Ophtec Artisan Myopia Implant vs. LASIK Results 507

CHAPTER 46

INTACS ™ REFRACTIVE CORRECTION WITH AN INTRACORNEAL DEVICE

Surgical Procedure 514
Clinical Outcomes 514
Safety Assurance and Further Indications 519