Syllabus by Indian Nursing Council
Child Health Nursing
BSc (N) 3rd Year

Unit I
Introduction
Modern Concept of Childcare (Ch 1–4: Pages 1–46)

- Internationally accepted rights of the child
- National policy and legislations in relation to child health and welfare
- National programme related to child health and welfare
- Agencies related to welfare services to the children
- Changing trends in hospital care preventive, promotive and curative aspects of child health
- Child morbidity and mortality rate
- Difference between adult and child
- Hospital environment for a sick child
- Impact of hospitalization on the child and the family
- Grief and bereavement for a sick child
- The role of a child health nurse in caring for a hospitalized child
- Principles of pre- and postoperative care of infants and children
- Child health nursing procedures.

Unit II
The Healthy Child (Ch 5–6: Pages 47–120)

- Principle of growth and development
- Factors affecting growth and development
- Growth and development from birth to adolescence
- The needs of normal children through the stage of developmental and parental guidance
- Nutritional needs of children and infants: Breastfeeding, exclusive breastfeeding, supplementary/artificial feeding and weaning
- Baby friendly health concept
- Accidents: Cause and prevention
- Value of play and selection of play material
- Preventive immunization programme and cold chain
- Preventive pediatrics
- Care of under five and under five clinics/well baby clinics.
Unit III

Nursing Care of a Neonate (Ch 7–10: Pages 121–210)

- Nursing care of a normal newborn/essential newborn care
- Neonatal resuscitation
- Nursing management of low birth weight baby
- Kangaroo mother care
- Nursing management of common neonatal disorders
- Organization of neonatal unit
- Identification and nursing management of common congenital malformations.

Unit IV

Integrated Management of Neonatal and Childhood Illness (IMNCI) (Ch 11: Pages 211–218)

Unit V

Nursing Management in Common Childhood Diseases (Ch 12–24: Pages 219–626)

- Nutritional deficiency disorders
- Respiratory disorders and infections
- Gastrointestinal infections, infestations and congenital disorders
- Cardiovascular problem: Congenital defects and rheumatic fever, rheumatic heart disease
- Genitourinary disorders: Acute glomerulonephritis, nephrotic syndrome, Wilms tumor, infection and congenital disorders
- Neurological infections and disorders: Convulsions, epilepsy, meningitis, hydrocephalus, spina bifida
- Hematological disorders: Club feet, hip dislocation and fracture
- Endocrine disorders: Juvenile
- Orthopedic disorder: Club feet, hip dislocation and fracture
- Disorder of skin, eye and ears
- Common communicable: Disease in children, their identification, nursing management in hospital and home and prevention
- Child health emergencies: Poisoning, foreign bodies, hemorrhage, burns and drowning
- Nursing care of infant and children with HIV/AIDS.

Unit VI

Management of Behavioral and Social Problems in Children (Ch 25–28: Pages 627–678)

- Management of common behavioral disorders
- Management of common psychiatric problems
- Management of challenged children mentally, physically and socially challenged
- Welfare services for challenged children in India
- Child guidance clinics.
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