Textbook of
Biomechanics & Kinesiology

Author: Pavan Kumar G & Ilona Gracie De Souza

ABOUT THE BOOK

The central point of this Textbook of Biomechanics and Kinesiology is to have a strong foundation in biomechanics that can help to manipulate the minds of young physiotherapist. This textbook provides high quality material in a precise yet comprehensive form. Every effort has been made to make concepts clear by giving anatomical and mechanical examples.

KEY FEATURES

- Provides a simple yet comprehensive explanation of biomechanics.
- Every chapter begins with an outline that helps readers to understand the chapter.
- Mechanical and anatomical examples are given for better understanding.
- Provides a foundation for incorporating one’s ideas in research.
- It will aid students in their clinical practice.

READERSHIP

- Physiotherapy Students