
Each chapter explains how to perform a single surgical procedure in its entirety, from diagnosis, preparation, surgical technique to closure and rehabilitation, while also detailing pre and post-operative complications and how best to avoid them.

The practical, easy to use format makes this book an invaluable resource for all surgeons involved with treating orthopaedic and sports trauma injuries of the elbow.

**KEY FEATURES**

- EFOST – easy to reference surgical techniques written in a simple stepwise format.
- Easy to follow ‘cook book’ chapter style.
- Easy to navigate content allows rapid review of techniques.
- Large number of high-quality colour photographs.
- Written by highly experienced orthopaedic and sports trauma surgeons.

**READERSHIP**

- Orthopaedic and Sports Trauma Surgeons