The book is in two sections, each dedicated to anatomy and physiology. The content has been organized chapter-wise, as they appear in standard textbooks of nursing. The questions have been in order of long answer/essay type, short answers/short essay type and answers which require very brief content. This is the pattern in most of nursing anatomy and physiology question papers.

The question is followed by the required answers, supplemented by diagrams wherever required. Some of the answers are made easy to remember with flowcharts and tables. They help in quick revision. At the end of each chapter, some applied aspects and other highlights in brief has been added, for additional information.

- The book has been written for the nursing students from the point of view of examination.
- It will also be beneficial for paramedical students.
- The text is in question-and-answer format.
- Answers are pointwise, supplemented with figures and tables wherever necessary.
- Tables and flowcharts summarize important and complex information of the subjects.
- The questions have been collected from various universities, medical and nursing colleges.
- It will be helpful to students to score well in examinations.