The word Adolescence is derived from the Latin word Adolescere. It means to grow or to mature. There are very conspicuous physical and mental changes at this age in the boys and girls. These normal physical and mental changes sometimes get abnormal or subnormal diversions, which may need help of parents or health worker to get through. Such subnormal changes are experienced in girls often frequently than boys. The common health issues faced by the girls are menstrual disorders, anemia, polycystic ovarian disease (PCOD), psychosocial problems, sexual problems and many more.

**KEY FEATURES**

- This book discusses the details of managing various physical and mental issues affecting adolescents.
- Focus is to ensure that you as gynecologists gets a quick insight and update into adolescent health.

**READERSHIP**

- Gynecologists