Book Review by DR Sachin Tapasvi, Orthopedic Surgeon, Pune

Tips and Tricks in Orthopedic Surgery
Authored by Ajit N. Damle

Orthopedic trauma has evolved over time as a major part of orthopedic surgical practice. Currently, though definitive textbooks and manuals are available, there are few books that provide a practical guide to trauma surgery. The author, Dr. Ajit N. Damle has made an effort to fill this need for an updated practical textbook, with particular emphasis on clinical-surgical tips and tricks. The book has 2 major sections comprising 46 chapters, and contains 558 pages of text.

The book is generally well written, with some excellent chapters pertaining to common fractures in clinical practice. Numerous high-quality illustrations complement the text. The author himself has painstakingly collected and archived these photographs over 30 years of his practice. Included at the end of every chapter are several clinical examples that ensure lucid understanding. The book does contain some very good chapters, notably on trochanteric fractures, fractures of tibial condyle, ankle injuries and humerus neck fractures.

Both the postgraduate student as well as the practicing clinician will find this book detailed and comprehensive, with easily remembered key points. Reiterating lines from the preface, “A few readers may learn something new, many will be assisted in the revision of already acquired knowledge and perhaps some will be stimulated to look deeper into the methods mentioned in the book.”

In summary, this new book would be a valuable addition to an orthopedic library and will be an interesting read for the postgraduate student as well as the established senior surgeon.