This is a huge book - and I mean huge! Place it on your lap and you'll be looking for your popliteal pulses. A third edition, it has 1,455 pages and is written by distinguished editors and a prestigious college of contributors. The enormous tome is a definitive textbook of diabetes that covers every aspect - from rudimentary physiology and aetiology through to the latest therapies and patient management. The peripheral occlusion from having it on your lap is more than matched by the increase in cerebral glycolysis from the flow of information. The book is receptor, transporter and a downstream pedagogical cascade for the understanding of diabetes in the modern world.

The book is aimed at diabetologists, general practitioners, physicians, academics, clinical researchers, and would be the cornerstone for any academic or clinical department on which to build an unshakable body of understanding. But a portable clinical aid it certainly is not!

Earlier editions were biased to data from India, but this latest edition has a more balanced view of data worldwide and as such will command a broader audience. Diabetes is a worldwide disease, and although the editors of the book are based in India, some of the contributors are from the UK and USA. Therefore it is well placed to become a standard international text book on diabetes.

Extensively referenced it is a fascinating and comfortable read.

Jim Young

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